



10 Things for Families to Do When the Lights Are Out

On March 28, 2009 at 8:30 pm, tens of millions of people around the world will turn out their lights for one hour — Earth Hour—to demonstrate their concern for our living planet and send a loud message to our leaders that they support action on climate change. Here are a few ideas for what your family can do when the lights go out:

1. Turn off the lights, the computer, the television, the video games and the CD players. Light some candles. Use the hour to read a book aloud. Tell stories about your children when they were first born. Recount funny tales about their grandparents they may not have heard before. Or listen to your children tell you how they would change the world if they could.
2. Ask the kids to help make dinner using locally grown or organic ingredients. Even a regular family dinner by candlelight will make the evening feel special and provide a great opportunity to talk about the environment and the need to take care of our planet.
3. Have your children to host a “lights out” slumber party for their friends, and eat fried banana, fruits or other local food. Hold a “decorate the planet” ice cream party. Round scoops of ice cream represent the Earth, while colorful sprinkles and bits of candy can be used to decorate. Global warming will be inevitable for these planets!
4. Invite the neighbors over for a “lights-out” party and serve “green-themed” or local food and drinks selected with input from the kids without using plastic and Styrofoam.
5. Play a game of charades, Twister or Scrabble with the family by candlelight.
6. Have your kids research in advance what families did in the “olden days” before there was electricity. What would it have been like to live like Laura Ingalls in “Little House in the Prairie” or Abraham Lincoln in a log cabin? What creative ways did families have fun before there was electricity?
7. Hold an indoor “camp-out” with sleeping bags by candlelight. Tell ghost stories and sing songs. Make s’mores and pop popcorn over the stove or in the microwave.
8. Put away the breakables and organize a game of flashlight tag or Twister.
9. Go outdoors and just look at the sky and enjoy the beautiful scene of the stars at night.
10. Take a picture or video how you and your families spend time during Earth Hour. Let your pictures and videos inspire others by go to page **TAKE ACTION** page on www.earthhour.org/indonesia click *Facebook*, *Flicker* or *YouTube*. Also, share your exciting stories to Earth Hour Indonesia team at climate@wwf.or.id

Earth Hour 2009. Turn out. Take action.